

VQ Profile Measurements

| World View | Caring and Compassionate | Practical and Pragmatic | Perceptive and Systematic | |
|------------|------------------------------------|----------------------------|---------------------------------|---------------|
| | Nurturing Others | Recognizing Potential | Seeking Common Ground | People |
| | Valuing Others | Empowering Others | Balancing Freedom & Conformance | |
| | Appreciating the Quality of Things | Improving Things | Applying Order & Structure | Productivity |
| | Understanding Consequences | Handling Problems | Balancing Compliance & Autonomy | |
| | Openness to Advice & Opinions | Following Rules & Policies | Exploring Possibilities | Plans / Ideas |
| | Dealing with Change | Dealing with Adversity | Balancing Opportunity & Risk | |

| Self View | Passion and Joy | Satisfaction and Security | Clarity and Balance | |
|-----------|----------------------|-------------------------------|------------------------------------|------------|
| | Enjoying Who You Are | Valuing Your Assets | Appreciating Your Wisdom | You |
| | Valuing Your Self | Allocating Your Time & Energy | Having Courage & Conviction | |
| | Enjoying What You Do | Adding Value In Your Life | Meeting Expectations | Your Roles |
| | Valuing What You Do | Staying Focused | Balancing Responsibilities & Goals | |
| | Seeking Fulfillment | Making a Difference | Being at Peace | Your Goals |
| | Living Purposefully | Being Resilient | Dealing with Uncertainty | |

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The VQ Profile is based in the science of axiology!

Your Value-judgment Quotient utilizes the Hartman Value Profile to measure your thinking and valuing habits. Its roots are in the science of axiology... the study of how humans value and make value judgments. This instrument is backed by years of validity studies and is EEOC compliant.

By utilizing the your VQ Profile assessment, you will be able to get to the root cause of your challenges and uncover your greatest thinking and valuing strengths.

It truly measures **how you think** and allows you to do what only humans can do... step back and take a look at your own thought processes. Your report DOES NOT tell you how you are acting, how you are behaving, or how you interact with others. It goes much deeper than that and helps you identify the thoughts behind your actions.

Once you have identified and measured your thought processes, you will be able to make true changes in your life by shifting the way you think. You will be focused on moving forward to achieve your goals.

Learn more at <http://www.BreakFreeConsulting.com>